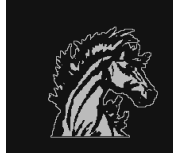


Mustang Wrestling Club



Who: Open to all K - 8th graders.

When: 5:30 PM to 7:00 PM

K – 2nd Graders: 2 days - Tuesday & Thursday

3rd – 5th Graders: 3 days - Monday, Tuesday, and Thursday

6th – 8th Graders: 4 days - Monday, Tuesday, Wednesday, and Thursday

Where: Practices will be held in the Houston High School PE gym

Why: Because it is the world's oldest and greatest sport!

How Long: Practice will begin the week of November 5th. First practice for 3rd – 8th Graders will be Monday, November 5th & first practice for K – 2nd Graders will be Tuesday, November 6th. The season will end on December 22nd with the City Championship Tournament.

Cost: \$75 - includes membership in USA Wrestling, insurance coverage for practices and tournaments, and uniforms for competition.

Practice Gear: T-shirt, shorts, wrestling shoes and headgear

Competition: There will be numerous tournaments / dual meets throughout the season where all wrestlers will be given the opportunity to compete. No one sits on the "bench". While participation at weekend events is highly recommended, it is not mandatory.

**Preseason Parent Meeting
October 10th @ Houston High
School Library at 5:30 PM**

If you have any questions, please contact Scott Nailen (coachnailen@houstonwrestling.org / 737-7242) or Walt Holmes (coachholmes@houstonwrestling.org / 756-2370).

www.houstonwrestling.org